

This Moment

A Continuum based body (and life) exploration.



This Moment...

A virtual Continuum series.

What's possible now?

What movement is possible now, maybe that has never been before?

In this six week series we will be with what's arising for each of us. We will call to and then listen in to our life force, let it inform and move us.

It starts with meeting.

When: Feb 22, 29, March 7, 14, 21, and 28
9:00am-11am MT

Where: In the comfort of your own home or wherever you choose to be, but wrapped in our mutual field together.

Zoom link will be given after registration.

\$108 for the series if paid before first class.

\$22 per class for drop ins

(must be arranged 48hrs before each class)

Register by Feb 14th

at myfluidnature.com

*If you are new to Continuum please reach out to Kori before registering.