

In-2-Me See

A Continuum based body (and life) exploration.



In-2-Me See...

A four week virtual Continuum series.

Using breath, sound, and attention we will inquire into, foster intimacy with, our being.

We will gather together with intention and in shared supportive field, to consciously meet and let ourselves be moved by (our) Life force.

***When: August 31, Sept 7, 14, 21
9:00am-11am MDT***

Where: In the comfort of your own home or wherever you choose to be, but wrapped in our mutual field together.

Zoom link will be given after registration.

***\$72 for the series if paid before first class.
\$22 per class for drop ins
(must be arranged 48hrs before each class)***

**Please register by August 27th
at myfluidnature.com**

****If you are new to Continuum please reach out to Kori before registering.***