

Together, We Sound

A Continuum based body (and life) exploration.



Together, We Sound...

A virtual Continuum series.

This virtual 4 week series will be divided up into two week segments to surround the holidays.

We will come together offering our sound and movement through our bodies and out into the world.

Post election here in the US, and weaving through the holiday season... there couldn't be a better time to regroup together with intention and sound.

Please join us!

When: Nov 12, 19, and Dec 3, 10
9:00am-11am MDT

Where: In the comfort of your own home or wherever you choose to be, but wrapped in our mutual field together.

Zoom link will be given after registration.

\$60 for the series if paid before first class.

\$20 per class for drop ins

(must be arranged before each class)

**Register by Nov 5th
at myfluidnature.com**