

**Love Moves,
a Continuum exploration.**

**During this half day workshop we will honor the movement of Autumn, within nature,
within ourselves.**

**Just as the trees drop their leaves each year, there is wisdom in taking time to let go of
the form that we think we are.**

**There is wisdom in taking time to yield to the intrinsic movement that is ever present,
moving us through our own seasons of being.**

**We will come together to practice this letting go, yielding to the underlying wisdom that
only emerges with deep, heart felt listening.**

**We will create potent space where we can dive deep down, below the limits and confines
of our cultural veil and support each other in the field of freedom.**

We will sound, breathe, and let ourselves be moved together.

Life is right here, waiting for us to pause and offer It attention.

Join us.

Supported, nourished freedom awaits.

**Nov 9 from 1-5pm
2231 South Platte River Drive
Denver, CO 80223**

Space is limited.

Please pre-register at myfluidnature.com to save your spot.

Early bird price if registered by October 15th \$65

Regular Price \$80

**This workshop is intended for those who have had at least intro level Continuum experience.
If you would like to attend, but have not had an introductory experience, please reach out to
kori@myfluidnature.com so that we can talk about whether or not this might still be a good fit
for you.*